

## REIGATE GRAMMAR SCHOOL VIETNAM

# Personal, Social, Health & Economic Education (PSHE) Preparatory School

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## Why we do PSHE

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so, they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.

They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Reigate Grammar School Vietnam attaches great importance to Personal, Social, Health and Economic Education and its place in the school curriculum.

#### What we do in PSHE

The PSHE programme will support the development of the skills, attitudes, values (including British values – see below) and patterns of behaviour. This is taught through our PYP curriculum in general, and specifically the Personal, Social, Physical and Emotional (PSPE) strand of the PYP which enable pupils to:

- Have a sense of purpose;
- Value self and others;
- Form relationships;
- Make and act on informed decisions;
- Communicate effectively;
- Work with others;
- Respond to challenge
- Be an active partner in their own learning;
- Be active citizens within the local community;
- Explore issues related to living in a democratic society;
- Become healthy and fulfilled individuals.
- Understand our bodies and the changes they go through during puberty (Year 6)

With regards to PSHE lessons on puberty, parents are informed in writing and have the option to withdraw their child from these sessions if they wish.

#### **Promoting British values**

At Reigate Grammar School Vietnam, we recognise the importance of British values, within the broader sphere of our PSHE curriculum and the IB Learner Profile Attributes. As such, we promote them both within PSHE and across the wider school experience.

The school:

- Enables students to develop their self-knowledge, self-esteem and self-confidence
- Enables students to distinguish right from wrong and to respect the civil and criminal law
- Encourages students to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely;

- Encourages further tolerance and harmony between different cultural traditions by enabling students to acquire an appreciation of and respect for their own and other cultures;
- Encourages respect for other people

## Supporting the PSHE curriculum

The PSHE curriculum is taught through our PYP curriculum in general, and specifically the Personal, Social, Physical and Emotional (PSPE) strand of the PYP, supported by the IB Learner Profile Attributes and through the following four interrelated strands:

a. Social and Moral Responsibility – children learn self-confidence, and socially and morally responsible behaviour towards authority and each other.

b. International Mindedness and Global Citizenship- children learn about other cultures, difference and their place in the world through a global perspective

c. Community Involvement – children learning to become involved in the life and concerns of their neighbourhood and community.

d. Political Literacy – children learn about the issues, problems and practices of our society and how citizens can make themselves effective in public life.

Through a variety of learning experiences, Reigate Grammar School Vietnam helps each pupil:

- Know him/herself better and think well of, and respect, him/herself and others;
- Develop confidence/independence and think and act for him/herself;
- Acquire personal qualities, values and social skills;
- Take his/her place in a wide range of roles in preparation for adult life, to deal with risk and meet the challenges of life and to play an active role as a member of society;
- Value and respect belongings/living things/environment;
- Be able to share/co-operate;
- Value their achievements;
- Identify moral values and strive to live up to them.

#### How we deliver PSHE

At Reigate Grammar School Vietnam we deliver PSHE through:

- Focussed PSPE sessions
- Our PYP Units of Inquiry
- Circle Time sessions
- Zones of Regulation sessions
- Our Squirrel Financial Literacy Program
- Focus days or weeks. Whilst we cover these focus days and weeks during the nationally and internationally recognised time windows, teachers are expected to ensure that there are appropriate representations, across the whole curriculum e.g. race, cultural, gender, etc.

All of the above are planned and taught by our teachers, in line with our Preparatory Curriculum Policy. This ensures that sessions complement and reflect the overall aims and philosophy of the school.

Whole-school assemblies provide a weekly opportunity to enhance students' spiritual, moral, social and cultural development, promoting and celebrating the school's values and achievements.

PSHE is further developed in the following ways, and especially by the 'Taking Action' Element of the PYP:

- Charity fundraising
- Local and global community support
- Visiting speakers

The personal and social development of students at Reigate Grammar School Vietnam is enhanced by work with our older children who take on leadership roles, learning about giving back and contributing to the school as a whole.

The Preparatory Student Council, with representatives from each year, are involved in many issues surrounding school life. Meetings are held to discuss and decisions taken on various aspects of school life, including the school environment, behaviour, provisions and charity fundraising activities.

In planning the curriculum, teachers at Reigate Grammar School Vietnam provide:

- A clear, consistent framework of values
- A classroom climate that encourages a high level of interest
- Opportunities for personal growth outside the classroom.

All staff promote positive approaches to behaviour and our Preparatory Behaviour Policy reflects this. It sets clear guidelines for both parents and students.

We provide opportunities for personal, social and health development through:

- Individual, peer group, collaborative group work, discussion and role-play
- Involvement in a range of problem solving activities
- Preparation and presentation of tasks for different audiences
- Positive self-assessment
- Positive marking, with oral or written comments
- Active participation in the community served by the school.

Through our general routines, in and out of the classroom, and the way in which individuals relate to each other, pupils are helped to form their own attitudes and values. By building positive working relationships between pupils and staff, all members of our school family are valued as individuals. Pupils learn the need for good manners, self-discipline and appropriate behaviour, in whatever situation they find themselves.

#### Assessment & Evaluation

At RGSV, children's understanding, knowledge and skills are assessed through observation, discussion, questioning and participation in groups. Children will be involved in self-assessment, e.g. talking about their own experiences, reflecting on their learning, and in special assemblies celebrating achievement.

Children will be rewarded in line with school policy, e.g. house points, stickers for good behaviour, certificates in assembly and through Golden Time. General comments about PSHE and pupils' personal and social development are included in regular reports to parents.

### Equal opportunities

Provision for PSHE is in line with all of our policies and accepted best practice and guidance. All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes. We regularly review all our policies and procedures in line with national expectations and the specific needs of our children and the wider school community.

### Parental & Community involvement

Parents are invited to join in events in school including assemblies, concerts and exhibitions. Parents are regularly informed of events and developments on the weekly newsletter. There will also be links with local businesses, community leaders and charities as part of the work in PSHE. This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE curriculum for our children.